

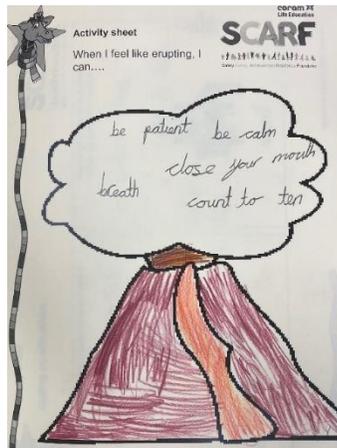


# PSHE

**“The whole and wholesome development of each child in a happy, caring and stimulating learning environment”**

**Together we grow and learn**

## May Bank Infants School PSHE Curriculum Intent Statement



### Intent

At May Bank Infants School, Personal, Social, Health and Economic (PSHE) education is an embedded part of our broad and balanced curriculum. Pupils' spiritual, moral, social and cultural (SMSC) development is at the heart of our school ethos of developing the whole child. At May Bank, we aim to deliver a curriculum which is accessible to all and which will equip children with the knowledge, essential skills and strategies to lead healthy lives in today's diverse society. We develop the whole child through a carefully planned PSHE curriculum within a whole school approach, which includes the teaching of discreet lessons as well as a wider cross curricular approach to teaching PSHE, and which has a strong emphasis on developing emotional literacy, building resilience and nurturing mental and physical health and well-being.

Our children learn how to stay safe and healthy, build and maintain successful relationships and become active citizens, responsibly participating in society around them. We teach our children to see each and everybody's value in society and we cover a wide range of the social and emotional aspects of learning, enabling children to develop their identity and self-esteem as active, confident members of their community. We want our children to develop the confidence to share their thoughts and opinions with others. We teach our children to be respectful towards and show tolerance of other's beliefs, religions and life choices. We want our children to build positive, respectful relationships with others and to develop the skills and attributes needed to keep themselves safe and healthy. The themes and topics covered provide children with protective teaching on essential safeguarding issues, developing their knowledge of when and how they can ask for help.

Our approach aims not only to meet the requirements of the National Curriculum in terms of Relationships Education and Health Education as well as to develop the qualities and attributes children need to thrive as individuals, family members and members of society and the global community. Successful PSHE curriculum coverage is a vital tool in preparing children for life in society now and in the future.

### **Implementation**

At May Bank, our PSHE programme of learning and wider curriculum ensures that children are able to meet the requirements for Relationship Education and Health Education for Key Stage 1. PSHE lessons at May Bank are taught in a spiral curriculum that revisits key theme within each year group. This enables children to recall and build upon previous learning, exploring the underlying principles of PSHE education regularly at a depth that is appropriate for the age and stage of the child and gradually extending thinking, expanding knowledge and developing skills. PSHE lesson are designed to be delivered in a creative manner, using many approaches such as role-play, discussion and games with groups of various sizes. Assessment for learning opportunities are built into each lesson. Self-evaluation and reflective learning allow teachers to evaluate and assess progress. Each lesson begins with a discussion of children's existing knowledge and experience, providing an opportunity for baseline assessment. Each lesson ends with an opportunity to consolidate and reflect upon learning. Tools are provided for summative assessment, allowing progress to be recorded and tracked.

May Bank Infants is committed to delivering carefully planned and resourced lessons using SCARF produced by CORAM life education which are fully in line with the Learning Outcomes and Core Themes provided by the PSHE Association Programme of Study which is widely used by schools in England and is recommended and referred to by the DfE in all key documentation relating to PSHE provision in schools. This scheme of work covers all of the required objectives and follows the three core areas of Health and Wellbeing, Relationships and Living in the Wider World. The scheme of work fulfils the requirements of 2020 Statutory Relationships and Health Education, setting these learning intentions in the context of a broad and balanced PSHE curriculum.

The SCARF scheme of work provides schools with an effective curriculum for wellbeing. Children are enabled to develop the vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust and respect, and know when and how they can seek the support of others. They will apply their understanding of society to their everyday interactions, from the classroom to the wider community of which they are a part. The SCARF scheme of work supports the active development of a school culture that prioritises physical and mental health and wellbeing, providing children with skills to evaluate and understand their own wellbeing needs, practice self-care and contribute positively to the wellbeing of those around them.

The SCARF scheme of work is used as a whole-school approach to positively impact wellbeing, safeguarding and SMSC outcomes and to link to British Values. There are also overlaps with other subjects, for example Computing (E-Safety), Science (body parts and recycling) and PE (leading healthy active lives) which means that flexibility in the timetable is given as PSHE objectives may be met outside of the allocated timetable slot. In addition to following the SCARF scheme of work, PSHE is covered through assembly themes which utilize the SEAL scheme as well as through raising awareness of and celebrating key events during the year such as Anti-bullying Week, Internet Safety Day, Children in Need and Mental Health Week are also taught and celebrated. We also use the NSPCC Pants Rule and accompanying resources to further support our children in knowing

how to stay safe. Our PSHE provision is also enhanced by visitors into school such as the school nurse, the local PCSO or police officer or parents talking about their jobs.

There are always occasions where teachers may feel it necessary to teach PSHE as a result of questions or an issue that has arisen in their own class, school or within the local community/world.

### **Impact**

Our successful PSHE education has a positive impact on the whole child. Our carefully planned PSHE curriculum, including the delivery of the SCARF scheme and wider aspects within school ensures that all children are able to develop the knowledge, skills and attributes they need to succeed at school and in the wider world.

Our children demonstrate positive attitudes to school and their learning and attendance is above the national average. The high standards of behaviour demonstrated in school show that our provision enables our children to understand and manage their own emotions.

Our PSHE curriculum provides our children with a chance to reflect, learn and apply the crucial skills taught within PSHE both in other curriculum areas and their everyday lives. As a result of our comprehensive PSHE curriculum, our children:

- o know how to stay safe physically, mentally and online
- o understand how to be healthy (physically and mentally)
- o build self-esteem, resilience and problem-solving strategies
- o understand how to develop and maintain positive and healthy relationships
- o have respect for themselves and others
- o appreciate and celebrate difference and diversity
- o demonstrate and apply British Values
- o are able to approach a range of situations and apply their skills and attributes to help navigate themselves through modern life and its challenges
- o know when to ask for help and who to ask for help

As a result of our provision, by the end of their time at May Bank the vast majority of our children have met the requirements of the National Curriculum objectives expected for their age and are well prepared for their future learning at their next school. We not only meet the statutory requirements for teaching PSHE but we also prepare our children not only to lead positive, safe and healthy lives not only today but also in the future.

